

# HUMAN DESIGN NETWORK NEWSLETTER

NEW SUN SERVICES AMERICA  
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## The Planetary Program in May

Every May, the Sun and Earth activate seven of the ten gates of the central channels in the Knowing circuit. See also *Health and Human Design* on page 2. Two of the three channels that can be defined by astrological oppositions are activated by Sun and Earth in May: 23-43, Structuring, a design of individuality, and 20-34, Charisma, a design where thoughts must become deeds.

The North Node in gate 57, The Gentle, continues to be in definition for the whole month with Pluto in gate 34, defining channel 57-34, Power, a design of an Archetype. Ra writes in from *The Book of Letters*: "The Channel of Power is the beginning of the individuation process. The Archetype is a Human, separate, individual and vulnerable. The intuition is powerless without this connection. The integration channels are underlined by the life and death struggle that has always been in existence in form. The fear of powerlessness is the 57 without the 34." All of us are in the mode of this beginning of individuation with the North Node in gate 57 showing where we are going.

Pluto retrogrades from gate 34 line 3, Machismo, into line 2, Momentum, on May 12. It will remain there until middle of June.

continued on page 2



The planetary movements in May

### MAY 1996

date planet	Wed 1	Thu 2	Fri 3	Sat 4	Sun 5	Mon 6	Tue 7	Wed 8	Thu 9	Fri 10	Sat 11	Sun 12	Mon 13	Tue 14	Wed 15	Thu 16	Fri 17	Sat 18	Sun 19	Mon 20	Tue 21	Wed 22	Thu 23	Fri 24	Sat 25	Sun 26	Mon 27	Tue 28	Wed 29	Thu 30	Fri 31
☉	24		2						23						8					20							16				
♁	44		1						43						14					34							9				
♃	57		○ 1							● 49							● 8								● 59						
♄	57.3 R			57.2						D				R										57.1	D			R			
♅	51.3 R			51.2						D				R										51.1	D			R			
♆	8 D	R													23													D			
♇		12 D																	15 R							12					
♈	3 D				27								24								2								23		
♉	54.3 D		R																							54.2					
♊	25.5 D			25.6									17.1													17.2					
♋	41.3 D																														
♌	60.2 R																														
♍	34.3 R													34.2																	

Positions of planets checked at 00:00 and 12:00 IDL. For details see *Rave Ephemeris 1996*.

D = Direct, R = Retrograde



# Health and Human Design

## 7. Being Healthy Is a Process

The term "health" describes a state, something static. Yet life is continuous movement, is being in the flow, rhythm. Channel 15-5 is the entire design of a single cell. Life is different every moment, even if it sometimes doesn't appear so. Every second millions of cells in our bodies die and new ones are created. Life is eternal dying and becoming, starting on the cellular level.

As "life" is better described as a process, as "being alive," "health" can be seen as "being healthy." One can be alive and healthy only in the here and now, in the moment.

The term "health" simplifies and generalizes. It suggests a possible permanent state. The polar term is "illness," another attempt to describe something static. Since we divide illness into thousands of possible different illnesses, consequently there should be as many possible healths. Instead, one health faces all illnesses. A paradox. This view freezes something alive (being healthy or ill) into something static (health and illness), suggesting manageability.

Being alive and being healthy or ill is an exclusively individual affair, dependent on here and now. The key phrase is "How do I know, that I am healthy/ill?" It is individual knowledge in the moment, and, as the Knowing circuit describes, related to hearing. If I want to listen carefully, I hold body and head still, even close my eyes. Being aware of my own middle, my center, gives me the right orientation in life. Only then do I know where exactly up and down, ahead and behind, left and right are for me just now, how I face the world as an individual and how it faces me. Being alive is the maintenance of an individual equilibrium within a continuously changing world; its functioning is being healthy, its disturbance is being ill.

Every May, Sun and Earth transit most of the gates of the central channels of the Knowing circuit, emphasizing the themes for those who have gates or definitions there, bringing them up for those who are vulnerable there. It is a time to hear and listen, to stop right here and be aware of your center. From here, life force can unfold optimally.

Martin Grassinger ■

## The Planetary Program continued from page 1

Jupiter turns retrograde in gate 54, line 3, Covert interaction, and moves back into line 2, Discretion.

When Saturn leaves gate 25, Innocence, on May 12, a one and a half month long definition of channel 51-25, Initiation, will end. While the South Node remains in gate 51 until June, Saturn moves on to gate 17, Following, gate of opinions.

Chaitanyo ■

## HUMAN DESIGN SCHOOL



### Zeno on tour

Zeno is a Human Design teacher of the first generation, the only teacher to offer Human Design trainings in America at this time. She is co-partner of New Sun Services America and lives in Taos. She visits various cities in the US to give introductory lectures, courses, the Basic training and individual analysis readings.

## SEDONA, AZ

### ■ INTRODUCTION LECTURE free

Monday, April 29, 1996, 7pm  
Realtors Building,  
55 Sinagua Drive, West Sedona

### ■ INTRODUCTION WORKSHOP \$35

Thursday, May 2, 1996, 7pm pre-register for chart  
Realtors Building

### ■ BASIC TRAINING \$320

Sat/Sun, May 4-5, 1996, 10am-4pm

For information and registration  
in Sedona: 520 204-2301



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